

Sharing home, family and community life



Shared Lives

South East Wales

Working in Partnership:

Caerphilly, Newport, Merthyr Tydfil,
Monmouthshire, Blaenau Gwent & Torfaen

The South East Wales Shared Lives Scheme offers a unique community based service for adults who need care and support.

Individuals are matched with compatible Shared Lives carers who offer to share their home, family and community lives.

Shared Lives carers are carefully recruited, assessed, trained and supported by the scheme. Our carers come from all walks of life and choose to care for a wide variety of reasons. They are united through their enthusiasm, commitment, and positive motivation to make a real difference in people's lives.

The flexibility of Shared Lives means that carers can provide support for lots of different people in a wide range of situations. Individuals supported in Shared Lives may have learning or physical disabilities, they may be older people who are frail or living with dementia, or people with mental health problems.

People can be supported by Shared Lives carers to help prevent admission into hospital, and people can be discharged from hospital into a Shared Lives setting for a period of recovery and assessment before returning home.

The Scheme arranges several types of placement:

- **Long term** - accommodation and support in the carer's home on a long term basis, with the opportunity to be involved in family and household life.
- **Respite** – short breaks with a Shared Lives carer, and the opportunity to return to the same carer for regular respite.
- **Sessional support** – support from a Shared Lives carer during the day, evening or weekends. The support can take place in the carer's home or in the local community.
- **Emergency** – accommodation and support provided at short notice, possibly because of a family crisis or illness.



Shared Lives offers a real alternative to more traditional types of support and accommodation. Shared Lives is often chosen because it is family based, highly personalised, and provides people with the opportunity to develop and maintain independence, friendships, relationships and connections in their own community.

The Scheme arranges placements across Blaenau Gwent, Caerphilly, Merthyr Tydfil, Monmouthshire, Newport and Torfaen.



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To find out more about the Scheme you can:

Phone: **01443 864784**

email: **adultp@caerphilly.gov.uk**

Go to our webpage: **www.caerphilly.gov.uk/sharedlives**

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